

CHESHIRE HOME SUMMERSTRAND

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CHESHIRE HOME SUMMERSTRAND (like us on Facebook)

INSIDE THIS EDITION:

- FROM THE MANAGER'S DESK

FROM THE MANAGER'S DESK

I've decided to dedicate this paragraph to the word **ACCESSIBILITY**.

About 6 years ago, I started with appeals to the Municipality with regards to the pavements in and around our Home. I wrote to various municipal departments, various leaders, various stakeholders on a regular basis, asking that they repair the broken pavements, and build pavements in the areas which have none in our area.

If you travel – in particular with a wheelchair from our Home to the Summerbreezz Superspar Centre, there are stretches of road which are **completely broken, cars parked** on the sidewalk, **protruding tree roots, stop signs in the middle** of the sidewalk and stretches of absolutely **no sidewalk**. The residents then have to cross (no pedestrian crossing) the road, or drive in the road. Crossing of roads is a huge risk – we know how impatient drivers can be at intersections.

Wheelchairs are not even car height, which renders them high risk on the roads. **Limited visibility**, even with wheelchair flags, is a problem.

The stretch from CHS to the beachfront is also marred by broken pavements – making it extremely challenging for wheelchair users to access the beachfront. The risk of tipping over backwards in a wheelchair is a huge fear – who is going to help them get up? What injuries can be sustained if they fall? Damages to their wheelchair is costly.

We have recently been blessed by the Edge Financial Group ladies, who walked us down to the beach for ice creams. It was extremely embarrassing to navigate these crumbling sidewalks, risking tripping and falling out of chairs. The Humewood SAP and Atlas have also taken us to the beach, and very ashamedly we have had to explain that we have appealed so many times for assistance, but we have had no success.

What will it take before someone heeds our cry for help? When it is too late? Are the rights of wheelchair users not that important? Other road users have unlimited accessibility to their choice destinations – shops, the beach, medical centres, restaurants, places of interest etc. Wheels are synonymous with freedom of movement, independence, 'legs are not an alternative', getting from A to B, mobility...and so on.

So, when you drive down to the beach, or go to your nearest shops by car – spare a thought for our residents – would they be able to enjoy the same accessibility as you? Maybe someone reading this newsletter will have enough clout to help us get this problem resolved and provide the safe access that they are also entitled to enjoy.

Thank you to the Edge Financial Group team for the recent Mandela Day Celebrations at Cheshire! It was wonderful to have you here. Thank you to EP Caterers for making a special meal in honour of the legacy of Nelson Mandela.

Thank you to you all for your support over the last 30 days...let's make August awesome!

Wishing you a warm and cosy last winter month.

Love always,  
**DEIDRE BURGER**



## 300 CLUB 2022

Our 300 Club fees for 2022 are a once-off payment of **R120 per year**. This is such an easy fundraiser for our home, and you benefit as well. Subscription forms are available from our office and we aim to reach our target of 300 members this year!

To date (2 August) we have **117 members!** There are monthly draws of R300 (1<sup>st</sup>), R150 (2<sup>nd</sup>), and R75 (3<sup>rd</sup>) for members and at the end of each year one lucky member stand the chance of winning

R1 000!

Please support this worthy cause – see attached 300 Club form!

### MAY WINNERS:

1. DAVE GRIFFITHS (113)
2. NIKKI ATWEL (54)
3. MEG EDEN (108)

### JUNE WINNERS:

1. ELAINE HAYNES (98)
2. ROBERT GODLONTON (31)
3. MAUREEN TROWER (100)

## “WOKS FOR WHEELS”

### A WELFIT ODDY PROJECT

MADE BY RESIDENTS OF  
CHESHIRE HOME SUMMERSTRAND  
**MADE FROM 316 STAINLESS  
STEEL  
WITH 3 DETACHABLE LEGS  
R350 EACH**



**ORDERS:  
041 583 2183**

[managerchs@cheshirehomes.co.za](mailto:managerchs@cheshirehomes.co.za)

## MONTHLY LUNCHEON

Every **first Thursday** of **each month** at Cheshire Home Summerstrand, we serve a tasty **2-course meal** prepared by the Home's caterers, **EP Caterers**, which includes **ONE glass of wine** for **R80 per person**.

Guests are welcome to bring their own drinks! This is a great way of making new friends and while there, you can also take a walk through our Home and meet our residents.

Our next luncheon will be held on **Thursday, 1 September 2022** at **12h30 for 13h00**.

Please contact **Deidre or Silést** on **041 – 583 2183** to make your booking!

## RESIDENTS' ACTIVITIES (JUNE/JULY 2022) INCLUDED:

- \* **Golf lessons** with **Graeme Whale Golf Academy** on Tuesday mornings.
- \* **Cheshire Band** practise on Monday mornings.
- \* **Water colour painting lessons** with Ian Shaw and Liz Glass on Tuesday mornings.
- \* **Hairdressing** with Pearl Lombard and Gina on Tuesday mornings (**volunteers to assist always needed**).
- \* **Bible study** with Gill on Wednesday mornings.
- \* **Arts & Crafts** sessions on **Thursday mornings**.
- \* **Gavel Club** meeting held on 28 July.

FETE DONOR	AMOUNT
BRIAN KIDSON	R 500.00
DENNIS TUCKER	R 300.00
LINDSEY CLOETE	R 40.00
PAULI	R 500.00
KITTY DE ROER	R 300.00
ALBERT MCLEAN	R 5 000.00
PLASTIC REBUILDERS	R 1 000.00
SIMON MARAIS	R 3 000.00
CONTICARE	R 800.00
ANONYMOUS	R 100.00
RUSHMERE	R 2 000.00
VARGE STANLEY	R 300.00
SOUTH BAY TYRES	R 1 000.00
OKKIE STEYN	R 5 000.00
CRAIG SERFONTEIN	R 800.00
1ST AVE FUNERAL HOME	R 500.00
BOETIE VLOOI	R 500.00
MONICA HOUGH	R 500.00
LAFRAS MOOLMAN	R 150.00
DELENE GERBER	R 250.00
ORDEL BROKERS	R 1 500.00
GAVIN HOGG	R 1 000.00
MURRAY LONG	R 2 000.00
IRVIN TAM	R 10 000.00
MARENA DE RIDDER	R 1 000.00

**THANK YOU TO ALL THE ABOVE FETE DONORS  
FOR YOUR GENEROUS SUPPORT!!!**

## DONATIONS (JUNE/JULY 2022):

- \* NUMEROUS DONATIONS OF "GIFTS IN KIND" FROM **VARIOUS DONORS** FOR THE RESIDENTS, CHARITY SHOPS & FETE.
- \* **DIESEL** FROM **SASOL SUMMERSTRAND**
- \* **PERISHABLE FOOD & YOGURT & FRUIT JUICE** FROM **COMMUNITY CHEST PE**
- \* **FRUIT JUICE** FROM **ROTARY CLUB OF ALGOA BAY**
- \* **BIRD SEED** FROM **CAMPBELL FEED & SEED**
- \* **VARIOUS GOODS FOR WOT NOT SHOP** FROM **CHECKERS GREENACRES**
- \* **TOILETRIES & CLOTHES** FROM **EDGE FINANCIAL GROUP**
- \* **CLOTHES** FROM **MANTIS NO 5 BOUTIQUE HOTEL**
- \* **LAPTOP & BED BASE** FROM **DEPARTMENT OF EDUCATION FOR KHAYA CHESHIRE**

## RESTRICTIONS AT CHESHIRE HOME SUMMERSTRAND

1. Visitations to Cheshire: You are welcome to visit your family / friend at Cheshire – **NO VISITORS / FAMILY IN THE BEDROOMS.**
2. Please make use of the braai area, quiet room, outside areas in the Home.
3. Outings to family and friends: Please be responsible and take residents out to venues which have good protocols in place.
4. Outings: Residents may visit their people at their Homes. Please do not expose them to persons who are Covid positive or ill. If that has happened, please notify us so that we can monitor them for symptoms upon their return to the Home.
5. If residents / staff are ill, they will be required to wear a mask. However, as per Government legislation the wearing of masks is no longer mandatory.
6. Still nervous...still protective...still cautious.

## WELCOME TO OUR CHARITY SHOPS:

**WEDNESDAY, THURSDAY & FRIDAY**  
**10 – 2PM**

\* **CLOTHES GALORE** \* **BOOK BARN**  
\* **WOT NOT SHOP** \* **COFFEE SHOP (OPEN EVERY FRIDAY)**

(CASH OR CARD)

We gladly accept donations of unwanted items, pre-loved clothes, linen & any household items and will collect!

CONTACT THE HOME on **041 583 2183** for more info!

## KHAYA CHESHIRE NEEDS LIST

- \* Tekkies, socks, T-shirts, waterproof jackets (raincoats)
- \* Food for food parcels – rice, samp and beans, cooking oil, sugar, tea bags, porridge, peanut butter/jam, pilchards, beef stock cubes, soya mince, 2 minute noodles, squash/juice, fruit
- \* Toiletries – deoderants, soap, toothpaste, toothbrush, aqueous cream/body lotion, shampoo, lip gloss, vaseline.
- \* Cleaning materials – bleach, toilet cleaner, dishwashing liquid, handy andy, cloths for cleaning

## CHESHIRE HOME SUMMERSTRAND ANNUAL GENERAL MEETING 2022

You are hereby invited to attend our **Annual General Meeting** scheduled for **TUESDAY 23 AUGUST 2022** at **13H00** at **Cheshire Home Summerstrand, 7 Gomery Avenue, Summerstrand.**

This year is an election year so we are also inviting **nominations for our Board for 2022-2024** – our Board meets 11 times in the year for short meetings. Please consider offering your services or nominating someone else for such an important leadership role at Cheshire Home Summerstrand. **Nomination forms are attached.**

Please **RSVP** your attendance and/or Agenda item to the Home by **18 August 2022.**

Also see attached **Membership Application** forms.

**Only members are entitled to exercise a vote at the Annual General Meeting.**

Contact 041 583 2183 or email [adminchs@cheshirehomes.co.za](mailto:adminchs@cheshirehomes.co.za) for **RSVP** or enquiries.

## THIS & THAT

- \* The **Top Dogs Therapy Dogs** Noodle, Popcorn and Zac (and their special owners James, Nannette and Marelize) visited the Home again on 15 July – we thank them for bringing smiles and puppy love to our residents!
- \* The Home is currently providing **experiential nursing training** to students from **Nightingale Trust** and **Oasis Health Services**.
- \* Staff members on **leave** this month are: **Theodora Dundu** (Care Worker) and **Gwen Matsha** (Care Worker). We wish them both a wonderful well-deserved rest!
- \* We wish to thank all the **companies and individuals** that support our Home through **monetary donations** – we are so grateful for the overwhelming support! Fundraising is so challenging, therefore funding is limited and yet expenses continue as normal.
- \* **Cheshire Olympics** day was held on 15 July. Residents and staff, in teams of four, participated in various fun challenges (Guess Who, Bowling, Bean Bag Toss, Fishing, Pin the Nose, High Score etc.) and thoroughly enjoyed the active morning out and about! Congratulations to the overall best performing team, "**Sipho's Girls**", who were crowned champions of the day!
- \* The **EP Caterers staff** treated residents to a very special **Mandela Day** themed **lunch** (boerewors, putu pap, chakalaka and milk tart) on 18 July! Special thank you to Katie and her team!
- \* We would like to thank all the staff from **Edge Financial Group**, involved in organizing an amazing **beach outing** on Mandela Day – our residents thoroughly enjoyed the company, the beach view and ice creams! Your support is greatly appreciated!
- \* **R67 MANDELA DAY FUNDRAISER:** Thank you to everyone who have supported the Home through donating **R67** (for those who couldn't donate their 67 minutes of volunteering). Your generosity raised **R7 443** for the Home's coffers!
- \* Several residents attended the **Pearson Granny Tea** on 22 July at Pearson High School. Everyone enjoyed the wonderful outing and delicious treats. We are so grateful for the annual invitation!

### AUGUST BIRTHDAYS

- 3<sup>rd</sup> Tronel Rabe (Staff Member)
- 11<sup>th</sup> Gwen Matsha (Care Worker)
- 14<sup>th</sup> **Connie Badenhorst**
- 16<sup>th</sup> **Gert Wessels**
- 16<sup>th</sup> Pumza Lukwe (Care Worker)
- 18<sup>th</sup> **Mark Stanley**
- 19<sup>th</sup> **Winky Peter**
- 19<sup>th</sup> **Cyril Jagers**
- 20<sup>th</sup> **Petrus Le Grange**
- 20<sup>th</sup> Maxine Ferreira (Staff Member)
- 21<sup>st</sup> Jane Buckley (Shop Volunteer)

### THOUGHT OF THE MONTH

"You were born to win, but to be a winner, you must plan to win, prepare to win, and expect to win."  
~ **Zig Ziglar**~

## VOLUNTEERS NEEDED!

### ANNUAL STREET COLLECTION

Cheshire Home Summerstrand's Street Collection is taking place on

**SATURDAY 3 SEPTEMBER 2022** at various outlets in PE between **9 and 1pm**.

We are aiming, once again, for a record amount and we need about **40 people** to collect (shake-a-tin) for either a **1 or 2-hour shift**.

Please call **Deidre or Silest** on **041 – 583 2183** for more information

Get **involved** and show that you **care for people with disabilities!**

### COLLECTION POINT

Cheshire Home Summerstrand is a collection point for **bottle tops and bread tags**, as this has bearing on the support of the physically disabled cause that we drive and support. When a certain weight is collected, a **wheelchair is made available to a worthy recipient**. This is also driven and supported by the **Rotary Club of Algoa Bay**. Please support this wonderful project!  
\*\*\* We have already collected many barrels of bottle tops/bread tags for the Bread Tags for Wheelchairs project.