

CHESHIRE HOME SUMMERSTRAND

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CHESHIRE HOME SUMMERSTRAND (like us on Facebook)

INSIDE THIS EDITION:

- FROM THE MANAGER'S DESK
- GREAT STRIDES FOR CHESHIRE



FROM THE MANAGER'S DESK

I missed the event by about 4 years. The profound antithesis "One small step for man. One giant leap for mankind" resonated with the world as Neil Armstrong set foot on the moon. Theories do exist regarding the landing...was it a hoax? Have we been deceived?

Regardless of what the world thinks, the quote has been used widely to define an accomplishment or milestone reached.

By now you might be wondering about the significance of this quote for us at Cheshire. Well, every single "step" our residents take in rehabilitation and independence, progress, learnings, lifestyle adjustments, movements, is a giant leap! Another antithesis!

A giant leap might not seem possible, but in our world, it has happened before! **What a dream it would be to be able to afford the services of a physiotherapist who could assist and steer our residents so that they can reach mobility milestones.** Some of our residents are able to walk with professional assistance, stand supported and use limbs which are usually immobile, and this brings tears to my eyes. So much we take for granted.

Our event, **Great Strides for Cheshire**, proudly presented by The Herald, aims at creating awareness (in line with International Day of Disabilities) for those who cannot physically take great strides but dream to make "great strides". It is our final fundraising event of the year, and we appeal to you all to spread the word and enter! All finishers receive a medal and Aquelle water! A mini market with great stalls will be open from 8-11.

If you would like to enter, our details are on www.zsports.co.za or contact our office to enter manually. You are welcome to bring your doggies to join us!

All that's left for me to do, is to thank you all, our friends and family, for supporting our various events throughout the year. Your love and support has pulled us through a tough year, emotionally and financially. We are positive about the new year, and what we have in store. There will be some changes/revamps to the fundraising calendar and we know that they will have a positive impact on the sustainability of our Home.

Your regular attendance at our monthly lunches is appreciated and we hope that we see you all next year. Our lunches will be held every 3rd month – but the 300 Club draw will still be held monthly. We have a race day at the end of March at Fairview and would like to encourage participation. More news to follow in January. A HUGE golf day is being planned for October...please start practising your swing!

And then we look forward to our regular events: Bingo, Valentines Dance, Annual Fete in June, Amazing Race, Wine Tasting, Great Strides, and much more. Events help us raise much needed funds for running costs such as electricity and water, fuel, nutrition, nappies, security and staff costs. Khaya Cheshire food parcels and Khaya Cheshire costs are also generated through our fundraising. Our shops are also our lifelines. Donations always welcome!

Wishing you all a Merry Christmas, and/or a happy rest period, and a peaceful festive season. May you be showered with blessings for the new year. Travel safely!

Much love always,
DEIDRE BURGER

300 CLUB ANNUAL DRAW 2022

THE ANNUAL 300 CLUB DRAW WAS HELD ON
24 NOVEMBER AT THE HOME.

NOVEMBER WINNERS:

1. Elisabeth Winberger (102, R300)
2. Johan Steyn (36, R150)
3. Mike Fowler (51, R75)

DECEMBER WINNERS:

1. Carol Stephenson (67, R300)
2. A vd Westhuyzen (118, R150)
3. Arette Fourie (92, R75)

ANNUAL R1 000 WINNER:

DAVE GRIFFITHS (113)

Congratulations to all the winners and we
thank you for your wonderful support!

DONATIONS (OCTOBER/NOVEMBER 2022):

- * NUMEROUS DONATIONS OF "GIFTS IN KIND" FROM **VARIOUS DONORS** FOR THE RESIDENTS AND CHARITY SHOPS
- * **DIESEL** FROM **SASOL SUMMERSTRAND**
- * **PERISHABLE FOOD AND WOOL** FROM **COMMUNITY CHEST PE**
- * **BIRD SEED** FROM **CAMPBELL FEED & SEED**
- * **VARIOUS GOODS** FOR **WOT NOT SHOP** FROM **CHECKERS GREENACRES**
- * **TOILETRIES** FROM **ROTARY CLUB OF ALGOA BAY**
- * **BREAD ROLLS** FROM **BALKAN BURGER**
- * **TOILETRIES** FROM **COLLEGIATE JUNIOR SCHOOL**
- * **PERISHABLE AND TINNED FOOD** FROM **CHECKERS BOARDWALK**
- * **10 TICKETS** FROM **ALGOA FM FOR THE ALGOA FM BIG WALK FOR CANCER**

LUNCHEONS

We serve a tasty **2-course meal** prepared by the Home's caterers, **EP Caterers**, which includes **ONE glass of wine, cold drink, tea or coffee** for **R100 per person**.

Guests are welcome to bring their own drinks! This is a great way of making new friends and while there, you can also take a walk through our Home and meet our residents.

Our next luncheon will be held on **Thursday, 2 March 2023** at **12h30 for 13h00**. Please contact **041 – 583 2183** to make your booking!

300 CLUB 2023

Our 300 Club fees for 2023 are a once-off payment of **R150 per year**. This is such an easy fundraiser for our home, and you benefit as well.

To date (30 November) we have **48 members!** There are monthly draws of R300 (1st), R150 (2nd), and R75 (3rd) for members, and at the end of each year one lucky member stand the chance of **winning R1 000!**

Forms for 2023 attached or available from the office...subscribe now!

POISON DWARF GOLF DAY 2022

We have been proud to be associated with, and beneficiary of, the ***Poison Dwarf Golf Day** since 2011. The generosity of all the members over the years had been exceptional and at the **handover function, a hamburger & chips braai, on 26 November**, we were presented with a cheque of **R30 000**, raised from the golf day held on **6 August in Hankey**.

We thank all the Poison Dwarf golfers, a group of 20 gentleman, for adding value to our aim of providing each disabled resident of the Home with quality care, support and opportunity.

*The Poison Dwarf Golf Day is held annually to commemorate the memory of a friend, brother and colleague, Glen Tait, who sadly passed away on 10 August 2009.

**RESIDENTS' ACTIVITIES
(OCTOBER/NOVEMBER 2022)
INCLUDED:**

- * **Golf lessons with Graeme Whale Golf Academy** on Tuesday mornings.
- * **Cheshire Band** practise on Monday mornings.
- * **Water colour painting lessons** with Ian Shaw and Liz Glass on Tuesday mornings.
- * **Hairdressing** with Pearl Lombard and Gina de Wet on Tuesday mornings (**volunteers to assist always needed**).
- * **Bible study** with Gill on Wednesday mornings.
- * **Arts & Crafts** sessions on Thursday mornings.
- * **Top Dog Therapy Dogs** visited the Home on 10 November
- * **Communion** with Summerstrand Dutch Reformed Church on 30 November
- * **Beach walk** to Something Good with SAPS Humewood on 25 November

WELCOME TO OUR CHARITY SHOPS:

**WEDNESDAY, THURSDAY & FRIDAY
10 – 2PM**

- * **CLOTHES GALORE * BOOK BARN**
- * **WOT NOT SHOP**
- * **COFFEE SHOP (OPEN EVERY FRIDAY)**

(CASH OR CARD)

We gladly accept donations of unwanted items, pre-loved clothes, linen & any household items and will collect!

CONTACT THE HOME on **041 583 2183**
for more info!

**BIG HALF PRICE SALE ON
SATURDAY 10 DECEMBER!!!**

**FUNDRAISING REPORT
(OCTOBER 2022)**

FUNDRAISING:

WOT NOT SHOP	R 16 436
CLOTHES GALORE	R 18 424
BOOKS	R 2 075
RAFFLE	R 468
LUNCHEON	R 4 400
300 CLUB	R 450
FRIENDS OF CHESHIRE	R 1 750
GOLF DAY	R 43 339
MUSIC TRIVIA	R 7 330
MY SCHOOL CARD	R 613
POISON DWARF	R 1 750

DONATIONS:

KITTY DE ROER	R 500
LABOURNET	R 700
PEROLD	R 200
AMANDA BARCLAY	R 200
MAXI JACHENS	R 300
STUDENT	R 500
DONATION	R 100
MRS WILLIAMS	R 300
NICOLE M GROUP	R 100
BEV KOUTSOUDIS	R 150
NMB MUNICIPALITY	R 35 000

DECEMBER BIRTHDAYS

2 nd	Mark Rudd (Shop Volunteer)
3 rd	Johan Erasmus
15 th	Jane Gray
15 th	Nicole Mclean
19 th	Gary Fourie
21 st	Marion Cawood
22 nd	Rob Main (Shop Volunteers)
24 th	Daisy Didiza (Khaya Cheshire)
28 th	Sikohosonke Mani

WE NEED YOUR WILLPOWER

You can make a difference to the future of Cheshire Home Summerstrand. Have you considered leaving a **charitable bequest** to Cheshire Home Summerstrand?

You can leave such a bequest to the Home in your will.

"One of the noblest things a person can do, is to plant a small tree which will one day give shade to people he or she will never know."

You can become part of Cheshire Home Summerstrand's heritage and future.

You can help us to help a disabled person who needs our love and care.

We need your will to survive.

THIS & THAT

- * The Home is currently providing **experiential nursing training** to students from **Oasis Health Services**.
- * We are very excited to introduce the **Photography Club** to the residents! Generous donations of cameras had been received, and we now **need a volunteer** to introduce projects and activities.
- * Residents, accompanied by the **Amy Bell Foundation** students, enjoyed a lovely beach outing and an ice cream treat to Something Good on 4 October. Amy Bell's parents (visiting from the UK) visited the Home on 30 October – a prayer service was held, followed by a ladies pamper session and the handing out of goodie bags to all the residents. We thank everyone involved, including the Amy Bell Foundation students, for the very special morning, eats and treats!
- * The Grade 7's of **Bonzai Primary School** in Newton Park, visited the Home on 21 October and handed out much-needed toiletry parcels to all the ladies as part of their Women's Month initiative. Our thanks to them all for the beautiful gesture!
- * The Home's **Dolphin Band** was treated to a delicious lunch at Wimpy Boardwalk on 23 November. All the members also received their official Dolphin Band badges! Thank you to Bob & Liz Bullock for sponsoring the very enjoyable outing.
- * We would like to thank **Checkers Boardwalk** for their incredible support through regular donations of perishable food, tinned food and other grocery items to our Home.

JANUARY BIRTHDAYS

1 st	Walter Ncayo
8 th	Natasha Mgarie (EP Caterers)
11 th	Nophelele Ncanywa (EP Caterers)
14 th	Dan Mkele
14 th	Loretta Wewege (Shop Volunteer)
16 th	Pierre Maasdorp
18 th	Sandy Pollard
21 st	Estee du Plessis
23 rd	Jason Nel
23 rd	Gloria Meihuizen (Shop Volunteer)
24 th	Richard Jafta
30 th	Lindsay Cloete (Shop Volunteer)

Saturday, 10 December 2022

Great Strides for Cheshire

5KM WALK

Leonard
Cheshire
Disability

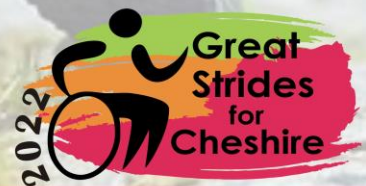
summerstrand
cheshire home

The Herald

5KM WALK
Saturday, 10 December 2022
07:30am
Start and finish @
Cheshire Home Summerstrand
7 Gomery Avenue, Summerstrand
www.cheshirehomes.co.za
Enter online @
www.zsports.co.za
or at
managerchs@cheshirehomes.co.za

R80
per
person

Market: 08:00 - 11:00
(variety of stalls)



Where there's a wheel, there's a way



FOOD &
CRAFT MARKET

Leonard
Cheshire
Disability

summerstrand
cheshire home
7 Gomery Avenue,
Summerstrand

SATURDAY 10 DECEMBER 2022

08:00 - 11:00

CHARITY SHOPS OPEN:

WOT NOT SHOP * BOOK BARN

CLOTHES GALORE * COFFEE SHOP

ENQUIRIES & BOOKINGS:

041 583 2183 / 083 5000 818

*Wishing all our volunteers,
family & friends, and generous
supporters / donors a
Merry Christmas &
a Prosperous 2023!
May you enjoy quality time with loved
ones and may you always be safe!
See you all in the new year!*