

CHESHIRE HOME SUMMERSTRAND

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CHESHIRE HOME SUMMERSTRAND (like us on Facebook)



INSIDE THIS EDITION:

- FROM THE MANAGER'S DESK
- GREAT STRIDES FOR CHESHIRE

## FROM THE MANAGER'S DESK

A gentle reality from our friend, Tracy Todd-Heine. When the going gets tough – the tough gets going!

Inspiration does not appear in a movie, or on a stage. Inspiration in its best form, is around us, all the time. We just have to open our eyes and our minds, to explore the endless possibilities and extraordinary talents of the residents.

### 10 Things the World can learn from persons with different abilities:

- True happiness is really possible in a 'broken' body.
- Patience can get you through almost anything.
- Accidents can and will happen.
- Disability can happen to anyone.
- Don't sweat the small things.
- Being different is an opportunity.
- Fitting in is overrated.
- You can't judge a person by his looks.
- Life is short, embrace everything.
- Weakness isn't always a negative.



### CHALLENGE:

Sit up straight in a chair for 20 minutes without moving.  
Stay dead still. Don't move a thing.  
No shuffling your butt.  
No repositioning a leg or an arm to get more comfortable.  
No scratching an itch or chasing an irritating fly.  
Just stay motionless until the time runs out.  
Now imagine having to live like that for the rest of your life...

There are 56 residents at Cheshire Home Summerstrand. Each one of them **add value** to the Home. Each one of our residents have an ability to contribute to the Home in their own unique way. The misconceptions and stereotypes about disability needs to be challenged. Through the creative work and diverse abilities of the residents, a more positive representation can be promoted. This is all possible by our friends and families. Please support the wonderful abilities and encourage integration through opportunity, provision of creative activities and participation at various events.

We eagerly anticipate a very active new year and will be sharing our calendar with you shortly! But for now, the staff need to rest, some residents are going on holiday, the Board will take a break, and we will return with renewed energy in the new year.

My thanks are extended to the Staff, Management, Board and volunteers who so selflessly dedicate their lives to helping others. Your endeavours do not go unnoticed. I appreciate the team spirit and the huge value (and laughter) you add to the Home. Our success depends on you all. **Keep shining – you are all superstars.** Wishing you a Merry Christmas, happy holiday, Geseende Kersfees, Ikrisimesi emnandi, Jabulela Ukhisimusi!

See you in 2024! With love,

**DEIDRE BURGER**

## FUNDRAISING REPORT (OCTOBER 2023)

### DONATIONS:

AMANDA BARCLAY	R 200
DONATION	R 350
EP CATERERS	R 5 000
PAUL	R 300
HANLI GLANVILL	R 350
NURTURE AURORA	R 5 000
DEIDRE	R 50
ANNE-MARIE	R 30
NANETTE PEROLD	R 100
LORENZO GORDANI	R 250
ALBIE & MARIANA BRONN	R 250
DONATION	R 50
KHAYA CHESHIRE:	
PAM GOLDING ST FRANCIS	R 5 000
VW COMMUNITY TRUST	R 100 000

### FUNDRAISING:

GENERAL	R 210
MY SCHOOL CARD	R 838
BOOK BARN	R 2 793
CLOTHES GALORE	R 11 640
WOT NOT SHOP	R 18 389
FRIENDS OF CHESHIRE	R 3 025
ANNUAL GOLF DAY	R 11 900

### THOUGHT OF THE MONTH

"Cherish every day. Yes, laugh, sing, play and remember to find time to pray. Enjoy the cool breeze or the rays of the sun. Smile and tell someone you love them. Yes, cherish every day before the days pass away." ~**Janice Harris**~

## RESIDENTS' ACTIVITIES (OCTOBER/NOVEMBER 2023) INCLUDED:

- \* **Dolphin Band** practise on Monday mornings.
- \* **Water colour painting lessons** with Ian Shaw And Liz Glass on Tuesday mornings.
- \* **Hairdressing** with Pearl Lombard and Gina de Wet on Tuesday mornings (**volunteers to assist always needed**).
- \* **Bible study** with Gill on Wednesday mornings.
- \* **Disability Golf** lessons with Graeme Whale Golf Academy.
- \* **Top Dog Therapy Dogs** visited on 2 November.
- \* **Communion** with Ds Prinsloo of Summerstrand Dutch Reformed Church on 22 November.
- \* **Dolphin Gavel Club** meeting held on 30 November.

## DECEMBER BIRTHDAYS

2 <sup>nd</sup>	Mark Rudd (Shop Volunteer)
2 <sup>nd</sup>	Lauren Lawack (Care Worker)
3 <sup>rd</sup>	<b>Johan Erasmus</b>
14 <sup>th</sup>	Ntombi Makina (Care Worker)
15 <sup>th</sup>	<b>Jane Gray</b>
15 <sup>th</sup>	Bongani Ndala (Care Worker)
15 <sup>th</sup>	<b>Nicole Mclean</b>
19 <sup>th</sup>	<b>Gary Fourie</b>
21 <sup>st</sup>	<b>Marion Cawood</b>
22 <sup>nd</sup>	Rob Main (Shop Volunteers)
24 <sup>th</sup>	Daisy Didiza (Khaya Cheshire)

## CONDOLENCES

We would like to send our sincere condolences to the family and friends of **Mr Allan Mackie Campbell (27/03/1931 – 10/11/2023)** honorary member of Cheshire Home Summerstrand's Board of Management.

Allan came to know our Summerstrand Cheshire Home over thirty years ago when his late brother, Ken Campbell, came to live with us. From the very beginning we all lived the Campbell brothers. Alan was a devoted family man, husband to Coral and father to five children. His brother, Ken, was a delightful mischievous Cheshire resident who was adored by all.

Allan was always interested in Cheshire and showed support whenever he could. When they came to live in PE he became a member of the Home Committee, as well as the Cheshire Branch Committee, chairing both over the years. He also served on the Cheshire SA Exco for over a decade.

Allan was always fair and kind, he was concerned and caring. He always put the needs of our residents first and conducted himself in such a gentle, always polite way. He was admired and respected by the entire Cheshire family. He was an exemplary volunteer...one of the best ever. I will always miss him and never ever forget the hours and hours we spent talking "Cheshire". Thank you Allan...we salute a fine man. May his soul rest in eternal peace.

HILARY BOLTON

**CHESHIRE HOMES EP BRANCH CO-ORDINATOR**

## DONATIONS (OCTOBER/NOVEMBER 2023):

- \* NUMEROUS DONATIONS OF "GIFTS IN KIND" FROM **VARIOUS DONORS** FOR THE RESIDENTS AND CHARITY SHOPS
- \* **DIESEL** FROM **SASOL SUMMERSTRAND**
- \* **BIRD SEED** FROM **CAMPBELL FEED & SEED**
- \* **VARIOUS GOODS** FOR **WOT NOT SHOP** FROM **CHECKERS GREENACRES**
- \* **PERISHABLE FOOD, PLANTS AND VARIOUS GROCERY ITEMS** FROM **CHECKERS BOARDWALK**
- \* **LINEN** FROM **NURTURE AURORA**
- \* **TOILETRIES** FROM **COMMUNITY CHEST**

## THIS & THAT

- \* The Home is currently providing **experiential training** to nursing students from **Oasis Health Services**.
- \* Staff members on **leave** this month: **Lauren Lawack** (Care Worker), **Phumza Lukwe** (Care Worker) and **Gloria Libi** (Care Worker). Wishing them all a well-deserved holiday!
- \* **NEW RESIDENT:** We would like to welcome new resident **Simangaliso Mandita** to the Cheshire Family...wishing him many happy years in his new home away from home.
- \* **Irvin Tam** (Amy Bell Charities) and friends brought **Larry and Ellen Bell and friends** from the USA to a lunch at Cheshire sponsored completely by **Amy Bell Charities** on 4 November. A traditional 3-course **Christmas meal** was provided as well as a gift for every resident, a Christmas hat, snacks and treats. A huge thank you to everyone involved for making this Christmas lunch so special...we appreciate your generosity and interest in our Home.
- \* **KHAYA CHESHIRE NEWS:** The children have enjoyed wonderful **visits** to Bayworld, the park, and beach picnics at Schoenmakerskop during November. The **Tavcor Christmas party** will be held at Happy Feet (Cheshire Home Cleary Estate) on 6 December. The children will start their holiday on 12 December.
- \* Residents were treated to a fun **Halloween themed lunch** on 1 November. Special mention to Katie Jonkerman (EP Caterers) and her team, and Tronel Rabe for the themed décor!
- \* Members of the **PE Porsche Club** visited the Home on 18 November and handed over a very generous **R16 000 raised** at a Club function. Residents were treated to delicious eats and the thrill of seeing (and hearing) some of the Porsche clubs beauties! Thank you to **Karl Illenberger** and the PE Porsche Club for the most generous support!
- \* **Amy Bell Charities** students visited us for a fun **arts and crafts** session on 27 November, and made beautiful beaded necklaces, bracelets and Christmas tree charms.
- \* The Home's **Dolphin Band** was treated to a delicious lunch at Something Good on 28 November...special thank you to Bob & Liz Bullock for sponsoring the very enjoyable outing.
- \* We would like to thank **Checkers Boardwalk** for their incredible support through regular donations of perishable food, tinned food, plants and other much-needed grocery items for our Home.
- \* **NEW STAFF MEMBER:** We would like to welcome **Ntombi Makina** (Care Worker) to our Cheshire Family as a permanent employee...wishing her many years of employment success.

Please support our appeal for **toiletries**, we are desperately low on stock especially disposable razors, shampoo and roll on! Your generosity will be greatly appreciated. Contact us on 041 583 2183 for more information!

*Wishing all our volunteers,  
family & friends, and generous supporters / donors a  
Merry Christmas & a Prosperous 2024!  
May you enjoy quality time with loved ones and may you always be safe!  
See you all in the new year!*

## 300 CLUB 2024

Our 300 Club fees for 2024 are a once-off payment of **R150 per year**. This is such an easy fundraiser for our home, and you benefit as well. To date (6 December) we have **35 members!** There are monthly draws of R300 (1<sup>st</sup>), R150 (2<sup>nd</sup>), and R75 (3<sup>rd</sup>) for members, and at the end of each year one lucky member stand the chance **of winning R1 000!** **Forms for 2024 attached** or available from the office...subscribe now!

### OCTOBER WINNERS:

1. LORETTA WEWEGE (49)
2. LIZ BULLOCK (15)
3. JANET PATON (104)

### NOVEMBER WINNERS:

1. PAIGE LEE (88)
2. CAROLYN DAY (36)
3. CHRIS BURGER FUND (25)

### DECEMBER WINNERS:

1. LARNEY TWAITS (73)
2. ETTIENNE RABE (98)
3. MORAG HEYDENRYCH (54)

### ANNUAL DRAW WINNER 2023:

ROB MAIN (34)

**Congratulations** to all the winners and we thank you for your wonderful support!

## JANUARY BIRTHDAYS

1 <sup>st</sup>	<b>Walter Ncayo</b>
8 <sup>th</sup>	Natasha Mgarie (EP Caterers)
11 <sup>th</sup>	Nophelele Ncanywa (EP Caterers)
11 <sup>th</sup>	<b>George Marriott</b>
14 <sup>th</sup>	<b>Dan Mkele</b>
14 <sup>th</sup>	Loretta Wewege (Shop Volunteer)
16 <sup>th</sup>	<b>Pierre Maasdorp</b>
18 <sup>th</sup>	<b>Sandy Pollard</b>
21 <sup>st</sup>	<b>Estee du Plessis</b>
23 <sup>rd</sup>	Gloria Meihuizen (Shop Volunteer)
24 <sup>th</sup>	<b>Richard Jafta</b>
28 <sup>th</sup>	<b>Charl Leach</b>
30 <sup>th</sup>	Lindsay Cloete (Shop)

## CHESHIRE HOME SUMMERSTRAND

### NEDBANK

**BRANCH CODE: 121 217**

**ACCOUNT NO: 121 203 2233**

**SATURDAY, 09 DEC 2023 07:30**

**GREAT STRIDES FOR CHESHIRE**

**5KM  
WALK**

08:00-11:00

Pancake and Boerewors  
rolls for sale

**Leonard  
Cheshire  
Disability**

summerstrand  
cheshire home

**R80 per  
person**

Start and finish at Cheshire Home  
7 Gomery Avenue,  
Summerstrand

Medals and water for all finishers

Registration: Friday, 17:00-19:00

Saturday, 06:30-07:30



**Shops open**

Enter online: [www.zsports.co.za](http://www.zsports.co.za) OR  
[managerehs@cheshirehomes.co.za](mailto:managerehs@cheshirehomes.co.za)  
[www.cheshirehomes.co.za](http://www.cheshirehomes.co.za)

Be sure to join us on **Saturday 9 December at 07h30 for a fun 5km walk**, wheel, run, cycle...however you choose to complete the 5km route! Leashed dogs welcome, prams, kids...delicious pancakes & boerewors rolls on sale (from 08h00 - 11h00). Charity shops open (08h30-12). Be sure to get your caffeine fix before the race from **Oh My Coffee** (from 06h30 - 11h00). A very special BIG thank you to our generous sponsors: **Minuteman Press** (flyers and posters) and **aQuelle** (bottled water).

Online registration now open...only R80 pp. Manual entry forms are available at the Home or register on **Friday 8th or Saturday morning from 06h30!** Contact 041 583 2183 for more info!!!