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 CHESHIRE HOME SUMMERSTRAND (like us on Facebook)

INSIDE THIS EDITION:

- FROM THE MANAGER'S DESK
- GOLF DAY 2021
- FATHER'S DAY



FROM THE MANAGER'S DESK

THE ELEPHANT AND THE ROPE STORY

A gentleman was walking through an elephant camp, and he spotted that the elephants weren't being kept in cages or held by the use of chains.

All that was holding them back from escaping the camp, was a small piece of rope tied to one of their legs.

As the man gazed upon the elephants, he was completely confused as to why the elephants didn't just use their strength to break the rope and escape the camp. They could easily have done so, but instead, they didn't try to at all.

Curious and wanting to know the answer, he asked a trainer nearby why the elephants were just standing there and never tried to escape.

The trainer replied: **"When they are very young and much smaller we use the same size rope to tie them, and at that age, it's enough to hold them. As they grow up, they are conditioned to believe they cannot break away. They believe the rope can still hold them, so they never try to break free."**

The reason why the elephants weren't breaking free and escaping from the camp was that over time they adopted the belief that it just wasn't possible.

THE MESSAGE

The beliefs we hold in our lives are extremely important because they have the power to create our reality due to the operation of the *Law of Attraction*.

If we don't change our limiting beliefs, they become a self-fulfilling prophecy, and we become unable to break free from chains of our self-imposed limitations.

As the author Marianne Williamson so rightly said: *"Nothing binds you except your thoughts; nothing limits you except your fear; and nothing controls you except your beliefs."*

I found this story so apt and felt that sharing it with you, would encourage us to reflect on our limitations, and the restraints that prevent us from moving out of our comfort zones. Our residents are extremely talented, and epitomise the above quote. Our residents are fearless, and strong, and resilient.

In closing, I ask that you continue to support us this year through **donations for the shops**, joining our **300 Club** or **Friends of Cheshire R50 debit order** system. Any donations that we can use to convert into much needed running costs will be greatly appreciated.

Stay warm, and stay well!

Much love,

DEIDRE BURGER

FUNDRAISING REPORT (APRIL 2021)

FUNDRAISING:

WOT NOT SHOP	R 13 767
CLOTHES GALORE	R 11 335
BOOKS	R 3 892
COFFEE SHOP	R 298
SCRAP STEEL	R 105
LORENZO	R 250
GOLF DAY	R 4 200

DONATIONS:

PWC	R 1 000
K SUBRAMONY	R 100
KITTY DE ROER	R 400
EDGE ASSET	R 3 000
EDGE	R 2 400
MAXI JACHENS	R 300
MY SCHOOL CARD	R 775
ANONYMOUS	R 100
IN MEMORY OF NANCY	R 600
LAHER	R 400
E DERIVELLA	R 988

We wish to thank all our **dedicated charity shop volunteers** for all their hard work at the shops!

We also thank all the **staff who worked overtime during the recent taxi/bus strike** – your dedication is noted and greatly appreciated!

“WOKS FOR WHEELS”

A WELFIT ODDY PROJECT

MADE BY RESIDENTS OF CHESHIRE HOME SUMMERSTRAND

**MADE FROM 316 STAINLESS STEEL
WITH 3 DETACHABLE LEGS
R400 each**

ORDERS:

041 583 2183 OR managerchs@cheshirehomes.co.za

300 CLUB 2021

Our 300 Club fees are a **once-off payment of R120 per year**. There are **monthly draws of R300 (1st), R150 (2nd), and R75 (3rd)** for members!

We are aiming **to have 300 members for 2021** and we already have 98 **members** to date (1 June)!

At the end of each year one lucky member stand the chance of winning **R1 000!**

**PLEASE SUPPORT THIS FUNDRAISING INITIATIVE &
SEE ATTACHED 300 CLUB FORM FOR 2021!**

300 CLUB WINNERS (MAY):

1. MATT MUNROE (12)
2. LYNETTE BYLEVELD (25)
3. PAT RHEEDER (24)

COVID-19 LOCKDOWN RESTRICTIONS TO CONTINUE AT CHESHIRE HOME SUMMERSTRAND

- As we are now at Level 1, **family visits (one hour long) in the Quiet Room are allowed**, upon a pre-booked appointment with the admin office.
- Please make sure that when you visit your family, that you still wear masks, still socially distance and still sanitize and sign in. We will sanitize the area before and after each visit.
- Residents are still not allowed out of the Home unless for medical appointments.
- Staff and residents are still to wear masks and carry sanitizer with them at all times.
- Daily screening of staff continues to take place. Entry processes still in place.
- If you have been in contact, or are unsure about your wellness, please rather refrain from visiting.
- We are taking all necessary precautions, and ask that we all pray for the safety and protection of our Home – staff, residents and service providers.
- Thank you again for understanding our urgency and need to protect our residents.
- The **charity shops AND coffee shop will be open to the public every Saturday** from 08:30 to 12:00

AWARENESS CAMPAIGN

Stagefright edutainment, an Educational Theatre Road Show company from JHB, visited the Home to create awareness (a national awareness campaign) about the **developments re the Covid-19 pandemic** and the recent developments re infection, prevention, vaccination and myths.

RESIDENTS' ACTIVITIES (APRIL/MAY 2021):

- * **Arts & crafts** held on Wednesday mornings with Nicole and Sam. They are currently busy with a Father's Day gift parcel that will contain goodies made over a few weeks!
- * **Rummikub** and **Dominoes** - a few residents got together daily to challenge each other.
- * Weekly **Bible study** sessions held on Thursday mornings with Gill and Denzil
- * **Golf lessons** with **Graeme Whale Golf Academy** held on Monday mornings.
- * Friday **movie days**...
- * **Dolphin Gavel Club** meeting with Bob & Liz Bullock held on 27 May.
- * **Supervised walks** to Summerbreezz Superspar to do their own shopping.

DONATIONS (APRIL/MAY 2021):

- * NUMEROUS DONATIONS OF "GIFTS IN KIND" FROM **VARIOUS DONORS** FOR THE RESIDENTS AND CHARITY SHOPS
- * **DIESEL** FROM **SASOL SUMMERSTRAND**
- * **PERISHABLE FOOD, YOGURT, TOILETRIES AND SANITARY GOODS** FROM **COMMUNITY CHEST PE**
- * **BIRD SEED** FROM **CAMPBELL FEED & SEED**
- * **VARIOUS GOODS FOR WOT NOT SHOP** FROM **CHECKERS GREENACRES**
- * **DECAL FOR LAUNDRY** FROM **BRIGHTSPARX**
- * **GROCERIES** FROM THE **NMU DEPARTMENT OF APPLIED ACCOUNTING'S INTACC SOCIETY**
- * **LINEN** FROM THE **COURTYARD HOTEL PE**
- * **SPECTACLES** FROM THE **ROTARY CLUB OF ALGOA BAY, THROUGH SPECSAVERS (THE BRIDGE)**
- * **DSTV DISH AND CABLING** FROM **OFFICE AUTOMATION**
- * **THREE KITCHEN TROLLEYS** FROM **VULCAN**

Please support our Home by linking your Woolworths card here: <https://www.myschool.co.za/portal/login> or fill in the attached **Application Form** to get your free card. Beneficiary name is: **CHESHIRE HOMES PE.**

JUNE BIRTHDAYS

2 nd	Jo-Ann Scholtz
4 th	Silest Fourie
4 th	Andrew van Staden
5 th	Jody Alexander (Gardener)
5 th	Zukiswa Mayekiso (EP Caterers)
6 th	Lucky Magada (Care Worker)
7 th	Ashley Arthur (Maintenance)
10 th	Hilary Bolton
10 th	Dominic Rizzo
13 th	Sandra Botha (Shop Volunteer)
14 th	Nobunto Maqoma (EP Caterers)
15 th	Leon Bavuma (Care Worker)
25 th	Carl Fitchett
25 th	Melissa Ferreira
29 th	Jackson Gqomo

GOLF DAY 2021

THE NEDBANK CHESHIRE HOME SUMMERSTRAND GOLF DAY held on Friday 28 May at the **PE Golf Club – The Hill**, saw 81 exciting golfers showing off their swings down the fairways for charity! The very well-supported event raised **R51 300** for the home's coffers and we wish to thank every player and all the sponsors for their amazing support!

Nedbank, Coastland Sales, PWC, Cerebos, Atlas Security, Carolina Spur, Graeme Whale Golf, Greenacres Shopping Centre, Relay Emergency Medical Services, Ordel Brokers, Eastern Province Caterers, CRC Communications, Lithotech, The Pro Shop, Gardmed, Forest Hall Guest House, Fitch & Leedes, Vinimark, St. Francis Links, NDE Stainless Steel, Spar EC and individual sponsors Tony de Gouvia, Wayne Scholtz, and Phillip Michaux.

IF COMMUNITY
MATTERS TO YOU

SUPPORT COMMUNITY ORGANISATIONS THAT MATTER TO YOU!
Get your free card and start swiping at our retail partners. A percentage of your purchase value will be given back to your chosen school or charity, at no cost to you!

Make Every Swipe Count!



GET YOUR FREE CARD NOW
Download the FREE App
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WOOLWORTHS

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THIS & THAT

- * **Staff member on leave** this month: **Lucky Magada** (Care Worker). We wish him a wonderful well-deserved rest!
- * We wish to thank all the **companies** and **individuals** that support our Home through **monetary donations**...we are so grateful for the overwhelming support! Fundraising is so challenging, therefore funding is limited and yet expenses continue as normal.
- * **KHAYA CHESHIRE**: Opened for the 2021 year on 8 March at its **new premises**. We are grateful to Megan Stow from **Tavcor** who sourced a building for us and we now have a section of warehouse space that has been converted into a beautiful spacious classroom. We received a donation of a new stove, flooring from Tavcor and the **VW Trust** also contributed to the needs of Khaya. Thanks too to **Ubuntu** for assisting with the cleaning of the premises. The Centre is now at **Dunes Industrial Park in Victoria Drive**, Walmer. We would also like to thank Nikki Morris, of **The Stretch Foundation**, for their wonderful monthly support!
- * **CONDOLENCES**: Our sincere **condolences** to resident **Susan Henning** (father passed away in April), resident **Estee du Plessis** (father passed away in May), resident **Dominic Rizzo** (mother passed away in May), and staff member **Gwen Matsha** (sister passed away in April). We pray that God will comfort the families during their time of great sadness.
- * We are a collection point for **bottle tops and bread tags**, as this has bearing on the support of the physically disabled cause that we drive and support. When a certain weight is collected, a **wheelchair is made available to a worthy recipient**. This is also driven and supported by the **Rotary Club of Algoa Bay**. Please support this wonderful project!
- * A **first aid course** was held for the **Home's nursing staff in May**, sponsored by **First Medical Response**! Special thank you to Shawn Hartsenberg and his team for the wonderful support!
- * Special thank you to **Ronnie Roos and his family** for their donation of **homemade knee blankets** for all the residents.
- * We would like to **welcome new residents Sivuyile Manqina and Jo-Ann Scholtz** to our **Cheshire Family** and wish them a long and happy stay at the Home.

FATHERS DAY – SUNDAY 20 JUNE

Four men are in the hospital waiting room because their wives are having babies. A nurse goes up to the first guy and says, "Congratulations! You're the father of twins." "That's odd," answers the man. "I work for the Minnesota Twins!"

A nurse says to the second guy, "Congratulations! You're the father of triplets!"

"That's weird," answers the second man. "I work for the 3M company!"

A nurse tells the third man, "Congratulations! You're the father of quadruplets!"

"That's strange," he answers. "I work for the Four Seasons hotel!"

The last man is groaning and banging his head against the wall. "What's wrong?" the others ask.

"I work for 7 Up!"

– Submitted by Daniel C., Urbana, Ill.

(www.boyslife.org)

THOUGHT OF THE MONTH

"A man knows when he is growing old because he begins to look like his father."

~ **Gabriel García Márquez** ~

WELCOME TO OUR CHARITY SHOPS:

OUR SHOPS ARE CURRENTLY OPEN TO THE PUBLIC ON SATURDAYS!!!

**CLOTHES GALORE
WOT NOT SHOP
BOOK BARN
COFFEE SHOP**

**08:30 – 12:00
(CASH OR CARD)**

We gladly accept **donations** of unwanted items, pre-loved clothes, linen & any household items.

PLEASE CONTACT THE HOME ON 041 583 2183 for more info!