

CHESHIRE HOME SUMMERSTRAND

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CHESHIRE HOME SUMMERSTRAND (like us on Facebook)

INSIDE THIS EDITION:

- FROM THE MANAGER'S DESK
- GREAT STRIDES FOR CHESHIRE

FROM THE MANAGER'S DESK

My dad and I love building puzzles. We can sit for hours building and listening to music, and switching off to the outer world. Therapeutic and calming. As my family says – it's the only time they see me actually sitting still! Method in their madness when they bring home a new puzzle!

Not everyone likes building puzzles. But I read a brilliant analogy by **Daniel Sloss**, let me share the main points:

"The jigsaw puzzle begins with nothing, but over time you start to build it. You start out with the four corners which are **family, friends, interests and a career**. As a child you start off with your family, move around to friends and pick up some interests and hobbies. As you grow up, elements of this will change and adapt and you'll eventually begin working on the career aspect of the puzzle.

Occasionally, and unfortunately, we might lose a piece that we really love. This throws the puzzle out of joint and leaves a hole. It might affect other pieces of the puzzle and leave more holes or mean that some pieces no longer fit together. It might bond together some pieces even stronger than they were before because of the hole that was created. Most importantly, we have to find some way to fill the hole left by the piece that we sadly lost, otherwise it might sit empty forever.

To create some of the more complex parts of the puzzle, like the career, you have to combine different pieces in different ways to visualise the image. Things you study, experience, make, read, understand and learn might add up to a career. Random pieces might be picked up from other corners which happen to fit to create a new piece. Pieces that evolve from the job might move into other corners like the friends or interests. Each job adds to the last one to continue to build up the corner. The image might start to look more and more different to how you expected with each piece that is added or moved.

The number one most important thing about the central partner piece is that it makes the puzzle better. If the central piece starts breaking away at the corners, or creating holes that ruins the jigsaw, then it shouldn't be there.

I think the point is that when you find that perfect piece that slots into the jigsaw and completes the image, it should make the whole image brighter and better. Until you find it, you don't need it."

We can relate this to our own lives, and to our connections and networks. I see Cheshire like a puzzle. The management and staff, the residents, the volunteers and the community. Each piece is important, and the gaps need to stay full in order for the puzzle to be complete. We lose pieces here and there, but we manage to find pieces all the time to complete us.

Good luck with your jigsaws and I hope they become a little fuller each day. Thank you for being a part of this puzzle of ours, and for completing us.

DEIDRE BURGER



Everyone's life is like a jigsaw puzzle, and you hold some of the integral pieces that belong to countless such puzzles. You may not know how many pieces, or how many puzzles, or even how your pieces fit in their puzzles, but their puzzles won't be complete without you. We all are connected despite our diversity, and you do make a big difference.

Deodatta V. Shenai-Khatkhate

300 CLUB 2022

Our 300 Club fees for 2023 are a once-off payment of **R150 per year**. This is such an easy fundraiser for our home, and you benefit as well. Subscription forms are available from our office and we aim to reach our target of 300 members next year!

To date (2 November) we have **117 members!** There are monthly draws of R300 (1st), R150 (2nd), and R75 (3rd) for members and at the end of each year one lucky member stand the chance of **winning R1 000!**

PLEASE SUPPORT THIS FUNDRAISER...
SEE **ATTACHED 300 CLUB FORM FOR 2023!**

SEPTEMBER WINNERS:

1. MEG EDEN (108)
2. LINDA GLANVILL (62)
3. MARTIN EVANS (105)

DONATIONS

(SEPTEMBER/OCTOBER 2022):

- * NUMEROUS DONATIONS OF "GIFTS IN KIND" FROM **VARIOUS DONORS** FOR THE RESIDENTS AND CHARITY SHOPS
- * **DIESEL** FROM **SASOL SUMMERSTRAND**
- * **PERISHABLE FOOD, MILK, AND AMASI** FROM **COMMUNITY CHEST PE**
- * **BIRD SEED** FROM **CAMPBELL FEED & SEED**
- * **VARIOUS GOODS** FOR **WOT NOT SHOP** FROM **CHECKERS GREENACRES**
- * **TOILETRIES** FROM **ROTARY CLUB OF ALGOA BAY**
- * **BREAD ROLLS** FROM **BALKAN BURGER**
- * **SWEET TREATS AND SALADS** FROM THE **ALUSHIA FOUNDATION**
- * **MEDICAL EQUIPMENT, SUPPLIES AND ASSISTIVE DEVICES** FROM THE **ROTARY CLUB OF ALGOA BAY**

ATTENTION ALL 300 CLUB MEMBERS!

The year is drawing to a close and it is time for our big "Annual R1 000 draw" for all the **300 Club members** of **2022**. The monthly **November & December** draw will also take place on the evening. We would like to invite you, and why not bring along a friend too, to our Home on

Thursday, 24 November at 17h30 for a
Cheshire Year-End Function
(a **light meal** will be served at the event)

We sincerely hope you will again subscribe for next year's **300 Club** (only **R150** per year)! Subscription forms for 2023 attached!
Please **RSVP** on or before **18 November** with **Deidre, Maxine** or **Silest** on **041 – 583 2183**. We look forward to seeing you!

MONTHLY LUNCHEON

Every **first Thursday** of **each month** at Cheshire Home Summerstrand, we serve a tasty **2-course meal** prepared by the Home's caterers, **EP Caterers**, which includes **ONE glass of wine, cold drink, tea or coffee** for **R100 per person**.

Guests are welcome to bring their own drinks! This is a great way of making new friends and while there, you can also take a walk through our Home and meet our residents.

Our Christmas Luncheon will be held on **Thursday, 1 December 2022** at **12h30 for 13h00**.

Please contact **041 – 583 2183** to make your booking!

THOUGHT OF THE MONTH

"We will find that it is in going out to help someone whose need is greater than ours, that we solve our own problems and become fulfilled as a person more fully the unique masterpiece that God wills us ultimately to be."

~ **Leonard Cheshire** ~

**RESIDENTS' ACTIVITIES
(SEPTEMBER/OCTOBER 2022)
INCLUDED:**

- * **Golf lessons** with **Graeme Whale Golf Academy** on Tuesday mornings.
- * **Cheshire Band** practise on Monday mornings.
- * **Water colour painting lessons** with Ian Shaw and Liz Glass on Tuesday mornings.
- * **Hairdressing** with Pearl Lombard and Gina de Wet on Tuesday mornings (**volunteers to assist always needed**).
- * **Bible study** with Gill on Wednesday mornings.
- * **Arts & Crafts** sessions on Thursday mornings.
- * **Top Dog Therapy Dogs** visited the Home on 13 October.
- * **Communion** with Summerstrand Dutch Reformed Church
- * **Gavel Club** celebrated their 7th birthday on 27 October.

NOVEMBER BIRTHDAYS

- 2nd **Cornelius Marx**
- 7th Irene Aarons (Shop Volunteer)
- 16th Wendy Gqiba (Care Worker)
- 21st **Cathy Simpson**
- 25th Jimmy Smith-Belton (Shop Volunteer)
- 27th Gloria Libi (Care Worker)
- 27th Cathy Erasmus (Engoza)

WELCOME TO OUR CHARITY SHOPS:

**WEDNESDAY, THURSDAY & FRIDAY
10 – 2PM**

- * **CLOTHES GALORE * BOOK BARN**
- * **WOT NOT SHOP**
- * **COFFEE SHOP (OPEN EVERY FRIDAY)**

(CASH OR CARD)

We gladly accept donations of unwanted items, pre-loved clothes, linen & any household items and will collect!

CONTACT THE HOME on **041 583 2183**
for more info!

**BIG HALF PRICE SALE ON
SATURDAY 10 DECEMBER!!!**

**FUNDRAISING REPORT
(SEPTEMBER 2022)**

FUNDRAISING:

WOT NOT SHOP	R 23 708
CLOTHES GALORE	R 23 863
BOOKS	R 3 040
COFFEE SHOP	R 690
LUNCHEON	R 3 960
POISON DWARF GOLF DAY	R 3 160
STREET COLLECTION	R 3 508
300 CLUB	R 240
FRIENDS OF CHESHIRE	R 1 950
LORENZO CORDANI	R 250
GOLF DAY	R 900
CHESHIRE MEMBERSHIP	R 120
MUSIC TRIVIA	R 1 180

DONATIONS:

SHANE WESTERDALE	R 1 000
K SUBRAMONY	R 100
D GERBER	R 250
LORRAINE	R 200
DONATION	R 60
DONATION	R 100
GFM STUDIOS	R 2 500
K DE ROER	R 500
RITA	R 400
MAXI JACHENS	R 300
ANNA	R 20
PBK ATTORNEYS	R 3 000
BAC BRIAN CAHI	R 500
MARIUS	R 300
NG KERK PATERSON	R 163

Please support our Home by linking your Woolworths card here:

<https://www.myschool.co.za/portal/login> or fill in the attached **Application Form** to get your free card.

Beneficiary name is:

CHESHIRE HOMES PE

**IF COMMUNITY
MATTERS TO YOU**

SUPPORT COMMUNITY ORGANISATIONS THAT MATTER TO YOU!
Get your free card and start swiping at our retail partners. A percentage of your purchase value will be given back to your chosen school or charity, at no cost to you!

Make Every Swipe Count!

GET YOUR FREE CARD NOW
Download the FREE App
www.myschool.co.za

WOODWARDS ENGEN e!BOOTCLOZ **Builders** **Discover the Power of Community**



THIS & THAT

- * The Home is currently providing **experiential nursing training** to students from **Oasis Health Services**.
- * We are very excited to introduce the **Photography Club** to the residents! Generous donations of cameras had been received, and we now **need a volunteer** to introduce projects and activities.
- * Residents, accompanied by the **Amy Bell Foundation** students, enjoyed a lovely beach outing and an ice cream treat to Something Good on 4 October. Amy Bell's parents (visiting from the UK) visited the Home on 30 October – a prayer service was held, followed by a ladies pamper session and the handing out of goodie bags to all the residents. We thank everyone involved, including the Amy Bell Foundation students, for the very special morning, eats and treats!
- * Thank you to Gail Baerecke and Mark Kritzinger of the **Chris Burger Players Fund** for arranging **Springboks Canan Moodie and Scarra Ntubeni** to help new resident, Devon Bosman, with his transfer to our Home on 20 October. The Home was a hype of Bok activity which the residents thoroughly enjoyed!
- * The Grade 7's of **Bonzai Primary School** in Newton Park, visited the Home on 21 October and handed out much-needed toiletry parcels to all the ladies as part of their Women's Month initiative. Our thanks to them all for the beautiful gesture!
- * The **Dolphin Gavel Club induction ceremony** and **7th birthday** function was held on 27 October at the Home and special guests were invited to celebrate the occasion. Every year, the Club goes from strength to strength, and has grown from an initial 15 members, to a wonderful 40 members. We would like to thank Club Counsellor, Liz Bullock, and her right hand Bob, for their wonderful support and enthusiasm of the Club, ensuring that meetings are a fun, proactive, self-confidence booster event. Congratulations to the new Club President, Evan Davies, and the newly elected committee for 2023.
- * **NEW RESIDENT:** We would like to welcome new (temporary) residents **Devon Bosman** to the Cheshire Family...we wish him a wonderful stay!
- * **CONDOLENCES:** Our sincere condolences to Resident **Jackson Gqomo** on the sudden passing of his brother in October – we pray that God will comfort him and his family during their time of great sadness.

WE NEED YOUR WILLPOWER

You can make a difference to the future of Cheshire Home Summerstrand.

Have you considered leaving a **charitable bequest** to Cheshire Home Summerstrand?

You can leave such a bequest to the Home in your will.

"One of the noblest things a person can do, is to plant a small tree which will one day give shade to people he or she will never know."

You can become part of Cheshire Home Summerstrand's heritage and future.

You can help us to help a disabled person who needs our love and care.

We need your will to survive.

Saturday, 10 December 2022

Great Strides for Cheshire

5KM WALK

Leonard Cheshire Disability
summerstrand
cheshire home

The Herald

5KM WALK
Saturday, 10 December 2022
07:30am
Start and finish @
Cheshire Home Summerstrand
7 Gomery Avenue, Summerstrand
www.cheshirehomes.co.za
Enter online @
www.zsports.co.za
or at
managerchs@cheshirehomes.co.za

R80 per person

Market: 08:00 - 11:00
(variety of stalls)

2022 Great Strides for Cheshire

Where there's a wheel, there's a way