

CHESHIRE HOME SUMMERSTRAND

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INSIDE THIS EDITION:

- **FROM THE MANAGER'S DESK**
- **LEVEL 1 RESTRICTIONS AT CHS**

FROM THE MANAGER'S DESK

I'm pretty sure the mundane task of doing housework was a challenge to many over the past 6 months – however with most challenges there are always opportunities.

Decluttering your space is one of the few advantages that Covid-19 lockdown has presented us – and this was evident in the number of donations that streamed in, on a daily basis, to our Home. With these donations, and the kind hands of our volunteers, we were able to stock up our shops in preparation for re-opening on 1 October!

"No such thing as a life that's better than yours...(love yours)"

My daughter informed me about a modern rap song called "Love Yourz", with the above lyrics. The lyrics of this song amount to loving and appreciating what we have, and not yearning or being envious of what others have. **Love yours.**

While cleaning windows – be grateful you have a home. When doing the ironing – be grateful that you have clothes on your back. When washing the car – please appreciate that you have a vehicle at your disposal. A flushing toilet is a privilege. Take stock of what you have when cleaning your house – and reflect on how each item has blessed your life. Then go ahead and declutter – if the item no longer serves a purpose – consider re-gifting it to our Cheshire Home Summerstrand charity shops...it could bring much joy to others around you, or much needed relief to others.

Please consider donating your unwanted books to our Home for our upcoming **Book Barn** which is due to open in October. Watch this space!

Sadly, we will not be hosting a **300 Club** event this year, however the draws will still take place. Winners will be contacted directly, and names published on our Facebook page and in this newsletter. Hold thumbs.

A special word of mention to the Motorbike clubs who have supported our home on several occasions during lockdown. *Rei – you are a star!* You have touched our lives in such a special way.

" Find the right people to work with and you can't go wrong." Richard Branson

And in closing – Richard Branson sums up our Home and the people who give so much to uplifting the lives of our residents. Bless you all.

With love,
DEIDRE BURGER

THOUGHT OF THE MONTH

"Every time you smile at someone, it is an action of love, a gift to that person, a beautiful thing."

~ MOTHER TERESA OF CALCUTTA ~

COFFEE SHOP – OPEN FOR BUSINESS!!!

The **CHC Shop (CHESHIRE HOME COFFEE)** is officially open!!! Visit **7 Gomery Avenue** in Summerstrand, use the side entrance (signs clearly visible) and get your cuppa freshly roasted by **Java Fix!**

Professional Barista, Grace, is on duty **Mon-Fri from 7am - 3pm and Saturdays 7am – 12.** Your support will be greatly appreciated!

Thank you to our special volunteers for making it happen...one coffee at a time!

FOR ORDERS OR COLLECTION: GRACE ON 061 789 7824

TRY OUR

- ESPRESSO	R 20
- AMERICANO	R 25
- CUPPACINO	R 25
- HOT CHOCOLATE	R 35
- ESPRESSO	
MACCHIATO	R 25
- CAFE LATTE	R 30
- CAFE MOCHA	R 35
- DOUBLESHOT	R 5

·CHC·

300 CLUB 2020

Our 300 Club fees for 2020 are a **once-off payment of R120 per year.** There are **monthly draws of R300 (1st), R150 (2nd), and R75 (3rd)** for members!

At the end of each year one lucky member stand the chance of winning **R1 000!**

Our aim for 2020 is **to have 300 members...**we already have **158 members** to date (2 Oct)! Please support this worthy cause – see attached 300 Club form for 2020!

AUGUST WINNERS:

1. TEGAN MUNROE (77)
2. ELEANOR BOTHA (8)
3. JANET PATON (134)

FUNDRAISING REPORT (AUGUST 2020)

FUNDRAISING:

WOT NOT SHOP	R 22 321
CLOTHES GALORE	R 2 735
BOERIE ROLLS	R 400
EDGE – LUNCH	R 480
GUEST ROOM	R 250
COFFEE SHOP	R 2 420

DONATIONS:

A MCDONALD	R 500
KITTY DE ROER	R 400
SYCE FAMILY	R 1 000
CHARLES CASTLE	R 100
PE HOTEL GROUP	R 20 000
MY SCHOOL CARD	R 605
ROSSER CHARITY TRUST	R 1 630

LEVEL 2 RESTRICTIONS TO CONTINUE AT CHESHIRE HOME SUMMERSTRAND

We went into consultation with Head Office, Finance Committee, and our Board of Management to establish what rules would be applicable to our Home, taking into account our actual living environment. These rules were agreed upon:

- Residents still not allowed out of the Home unless for medical appointments
- Staff and Residents are still to wear masks and carry sanitizer with them at all times
- Supervised and pre-arranged visits are allowed in the quiet room – under the following rules:
 - Only 2 visitors per resident
 - An hour allowed
 - Food allowed to be brought in
 - By appointment only
 - No physical contact – social distancing
 - Supervised – and on Mondays to Fridays only between 8am – 4pm
 - Sanitizer and masks to be used
 - No visitors allowed down the passages and in bedrooms
- Hair stylist to visit the home – no residents may go to restaurants or salons
- Activities will be slowly introduced as of **1 October** such as Gavel Club, Disability Golf, Arts & Crafts
- The charity shops will be open to the public on Thursdays & Fridays only as of **1 October**

Summerstrand Cheshire Home

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Founder Group Captain Leonard Cheshire VC OM DSO DFC

THIS & THAT

- * **Staff members on leave** this month: **Theodora Dundu** (Care Worker) and **Gloria Libi** (Care Worker) – wishing them both a well-deserved rest!
- * We would like to welcome two **new staff members**, both **Care Workers, Wendy Gqiba** and **Lawrence Kinzela**, to our Cheshire Family!
- * **BOOK SHOP:** The little red container, our new Book Shop, is in the process of being renovated – generously sponsored by the **Rotary Club of Algoa Bay!** We are appealing to **anyone interested to paint some murals on the outside** of this container once all the renovations are complete. Donations of books also most welcome! **WATCH THIS SPACE!**
- * We would like to thank **Valhalla Sentinels MC, Abaddon MC** and all the other motorcycle clubs in PE involved with the very successful **Boerewors Roll sale** held on 8 August! Special thanks to **Settlers Butchery** and the PE community for the wonderful support – a whopping **R11 200** was handed over on 20 September at the Home!
- * **RESIDENTS' ACTIVITIES: Disability golf lessons** sponsored by **Graeme Whale Golf Academy** resumed on 21 September and it was great seeing all the regular faces again. The **Headsmart Hair Academy** students have also resumed their services at the Home and will visit every second Wednesday – we thank them for their much-needed time and support.
- * New **block and tackle hoists** have been installed in some of the bedrooms. Our thanks to **Steel Pipes and Fittings** and **Green Circle Trading** for their donations of parts which reduced the costs significantly.

OCTOBER BIRTHDAYS

- 3rd **Cornelia Clarke**
- 7th **Geoffrey Lilford**
- 7th **Dinah Potsane** (Care Worker)
- 24th **Gregory Prince** (Driver)
- 25th **Phillip Jansen van Rensburg**
- 30th **Laura Maritz** (Head of Care)

**“WOKS FOR WHEELS”
A WELFIT ODDY PROJECT MADE BY
RESIDENTS OF CHESHIRE HOME
SUMMERSTRAND
MADE FROM 316 STAINLESS STEEL
WITH 3 DETACHABLE LEGS
R400 each
ORDERS: 041 583 2183 OR
managerchs@cheshirehomes.co.za**

DONATIONS (AUGUST/SEPTEMBER 2020):

- * NUMEROUS DONATIONS OF “**GIFTS IN KIND**” FROM **VARIOUS DONORS** FOR THE RESIDENTS AND CHARITY SHOPS
- * **DIESEL** FROM **SASOL SUMMERSTRAND**
- * **YOGURT AND MILK** FROM **COMMUNITY CHEST PE**
- * **BIRD SEED** FROM **CAMPBELL FEED & SEED**
- * WEEKLY **MILK DONATION** FROM **ST LAWRENCE TRADING**
- * **VARIOUS GOODS FOR WOT NOT SHOP** FROM **CHECKERS GREENACRES**
- * **COFFEE SHOP STOCK** FROM **JAVA FIX**
- * **MUSHROOMS** FROM **SNOWCAP MUSHROOMS**
- * **FACE MASKS AND HAND SANITIZER** FROM **DISTELL**
- * **GREEN CROSS SHOES AND MAKE UP** FROM **SUMMERSTRAND PHARMACY**
- * **PAINTING OF TWO CONTAINERS** NEXT TO THE SHOP BY **LONGS CONSTRUCTION**
- * **MONETARY DONATION** TOWARDS PURCHASING OF **NEW SHOWER CHAIRS** FROM THE **BULLOCKS**
- * **VEGETABLE SEEDS AND MANURE** FROM **NMU AGRICULTURAL DEPARTMENT**
- * **MONETARY DONATION** TOWARDS PURCHASING OF **COFFEE MACHINE AND GRINDER** FOR COFFEE SHOP FROM **KULKONI SA**
- * **COFFEE** FOR COFFEE SHOP FROM **SUMATRAN COFFEE DISTRIBUTORS**

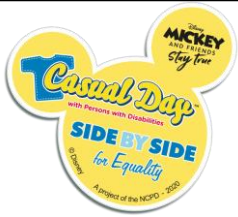
WELCOME TO OUR CHARITY SHOPS:

Our shops are **OPEN TO THE PUBLIC!!!**
THURSDAYS & FRIDAYS ONLY!!!
NO MASK NO ENTRY!

CLOTHES GALORE & WOT NOT SHOP

We gladly accept **donations** of unwanted items, pre-loved clothes, linen & any household items. **WE WILL COLLECT OR YOU ARE WELCOME TO DELIVER!**

MONDAY – FRIDAY 10 – 2PM
PLEASE CONTACT THE HOME ON
041 583 2183 for more info!



CASUAL DAY THEME 2020:
"SIDE BY SIDE FOR EQUALITY"

WITH PERSONS WITH DISABILITIES
ON THURSDAY 3 DECEMBER 2020!



We're extremely excited to announce that this year Casual Day will be standing
SIDE BY SIDE WITH DISNEY'S MICKEY & FRIENDS!

We couldn't be happier having the world's most famous mouse and his friends standing **SIDE BY SIDE** with Persons with Disabilities. Running alongside Disney's Mickey and Friends #STAYTRUE campaign, Casual Day invites you to dress up with your besties, your co-workers, your partners and the peeps who've got your back.

On **THURSDAY 3 DECEMBER 2020** dress the part:

- Pair up with polka dots, be the Mickey to someone's Minnie, double-down as Donald & Daisy, or be goofy like Goofy – **SIDE BY SIDE!**
- The **CASUAL DAY COLOUR FOR 2020** is **#TRUEBLUE**

Of every **R20 sticker** the Home sell for Casual Day **we get R8**. The balance goes into a national fund for the support of disability.

We will be able to use the funds we raise for the direct benefit of the **57 disabled adults we care for at Cheshire Home Summerstrand**, and the **22 disabled children at our outreach project Khaya Cheshire** in Walmer Township.

Please contact us for **stickers as soon as possible so you can start selling early**. We sincerely hope that **YOU** will **support** us on Casual Day.

*****FOR MORE INFO AND STICKERS PLEASE PHONE**
DEIDRE, GLENDA OR SILEST ON 041 583 2183!
WWW.CASUALDAY.CO.ZA